

RESILIENCE AND CHANGE KEYNOTE SPEAKER



Dinaaz Lentin

My Mission

It's one thing to be inspired after listening to a keynote, but it's another to leave empowered with tools to take immediate and life long actions.

To see people strive to be the best they can possibly be - that's my motivation and my commitment to you.



About Dinaaz

To give up is not in Dinaaz's vocabulary. She'll take you on a powerful, authentically voiced, and painfully honest journey with the focus on perseverance and resilience.

Life is unpredictable. Today's successes can be tomorrow's failures. More importantly, today's failures can be tomorrow's successes, if you have the courage to change and try again. Dinaaz will share her proven formula to do just that.

Want to learn how to turn your obstacles into opportunities, and problems into possibilities?

IT'S ALL IN YOUR HANDS.



HOVER HERE TO
LEARN MORE
ABOUT DINAAZ'S
STORY

@DINAAZLENTIN



Let's chat!

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Reviews



Dinaaz's keynote inspired and resonated with me. I learned a lot from her on how to conquer my own goals and reach my destinations.

- CHELCEY SALINGER, AUSTRALIA

Girl, you made me laugh. You also made me cry. Most importantly, your simple formula will help me in my professional and personal life.

- EVIE JOHNSON, USA



We just had a delightful presentation from Dinaaz. We left uplifted and inspired with very interesting points and values we all need to live by.

- ROB MCINTYRE, CANADA

An extremely powerful example of how self-belief and trusting your own gut instinct can allow you to overcome any of life's challenges.

- AMNA YANG, JOURNALIST, NETWORK 10



Got something in mind? Let's chat!

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2020 Vision: Leading Through Challenging Times

WHO IS THIS KEYNOTE FOR?

Successful business leaders inspire their teams to adapt, build resilience, and change more than their competitors.

- Going through a company merger?
- Experiencing a change in management?
- Is your business looking for a change in direction?
- Attempting to navigate through various barriers during challenging times?

If you said yes to any of the above, then this keynote is right for you and your team.

LEARNING OBJECTIVES:

- Identify key areas that need adapting for leadership success
- Discover the secrets behind the success of inspirational leaders
- Learn the importance of balancing the *'leadership, innovation, and resilience'* triangle
- Learn the importance of team culture and customer satisfaction in increasing revenue
- Takeaway the action steps necessary to create lasting behavior changes in both personal and professional lives.

"Whenever you see a successful business, someone once made a courageous decision."

PETER DUCKER

ABOUT THIS KEYNOTE:

Specifically, this talk is tailored to CEOs and team leaders who are driven to maximize employee motivation, boost productivity, and foster world's best practices.

With over 40-years of experience in managerial roles, Dinaaz thoroughly understands what can make or break a successful business. Organizations need leaders who are able to navigate through uncharted waters with clarity, vision, and purpose. Success only comes to businesses that understand and accept the power of seizing current circumstances and opportunities, to evolve, adapt, and grow.

Dinaaz uses engaging videos, scientific backing, case studies, and both jaw-dropping and hilarious personal stories that will both amaze and entertain, all while providing your team with the resources they need to soar. All of Dinaaz's teachings can be immediately applied by your team and will leave them feeling knowledgeable and inspired with both personal and professional growth.

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Navigating Through the Eye of the Storm

“When you find it difficult to stand up against the wind, remember airplanes take off against the wind.”

HENRY FORD

WHO IS THIS KEYNOTE FOR?

Do you need to be resilient to overcome challenges or do challenges make you resilient? That's the million-dollar question!

- Do you feel like you're going backward rather than forwards?
- Does each day feel like it's worse than the last?
- Do you feel like you're living through a roller coaster ride of emotions?

If you said yes to any of the above, then this keynote is right for you and your team.

LEARNING OBJECTIVES:

- Recognize the difference between self-pity and giving yourself a break
- Learn the science behind why we wallow in destructive self-pity
- Learn actionable strategies to build your resilience muscles
- Takeaway simple action steps necessary to create lasting behavior changes in both your personal and professional lives.

ABOUT THIS KEYNOTE:

You can trust Dinaaz when she says, “You’re not alone.” Life is not perfect for anyone, and Dinaaz has definitely had her fair share of obstacles. Whether you’re going through physical, mental, financial, spiritual battles, or a combination of these, the only way to get through them is to take accountability and climb the mountains that feel too high and too hard.

This inspirational keynote is aimed at broad audiences facing battles and struggles in their lives. Dinaaz shares her life story of grit and determination that will make you feel all the emotions from laughing to crying. After listening to this keynote, you too will proudly be able to wear your Battle Scars.

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Becoming: Reach The Impossible

WHO IS THIS KEYNOTE FOR?

- Do you have personal and/or professional desires that stay as dreams?
- Do you yearn to be something or someone else?
- Do you see others living out your dreams?
- Do you find yourself saying, "If only I knew how?"

If you said yes to any of the above, then this keynote is right for you and your team.

LEARNING OBJECTIVES:

- Turn your dreams into goals - be inspired and motivated to reach them
- Discover your own inner strength
- Take responsibility for your actions by pushing through physical and mental barriers
- Find the confidence and determination to become the person you are destined to be
- Takeaway the action steps necessary to create lasting behavior changes in both your personal and professional lives.

*"To be alive in every part of our being.
To realize the possibilities that are in us.
To do all that we can. To become all that
we are capable of becoming.
This is the Aim of Life."*

UNKNOWN (MY GRANNY'S FAVORITE QUOTE)

ABOUT THIS KEYNOTE:

"Dreams without goals are just dreams and they ultimately fuel disappointment."

- DENZEL WASHINGTON

Dinaaz delivers an uplifting keynote based on her real-life challenges spanning over 40-years. Through these obstacles, she learned all about grit, determination, and resilience, and now being equipped herself, wants to share her wealth of knowledge and arsenal of life skills with you so you too can conquer any challenge and reach any dream.

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Smash the Fear of Making Mistakes

WHO IS THIS KEYNOTE FOR?

Atelophobia: The fear of imperfection and making mistakes.

- Do you have a fear of making mistakes?
- Do you feel as though it's better to stick to the status quo rather than push boundaries and risk possible failure?
- Do you want to take a risk but are worried about what others will say?

If you said yes to any of the above, then this keynote is right for you and your team.

LEARNING OBJECTIVES:

- Learn the science behind our fears of change and failure
- Recognize atelophobia and implement methods to get past it
- Encourage mistake-making and learn why it's important to do so
- Learn to have confidence that mistakes can be rectified
- Takeaway the action steps necessary to create lasting behavior changes in both personal and professional lives.

"Some of the world's greatest inventions began as some of the world's biggest mistakes. Mistakes are the stepping stones to greatness."

DINAAZ LENTIN

ABOUT THIS KEYNOTE:

As individuals, employees, and team leaders we face a constant barrage of new and unprecedented challenges in our personal and professional lives. We have choices to make - do we make a change or stick to what we know and hope that the problem will magically disappear?

Neuroscience research shows that our brain registers uncertainty like an error. We feel the need to correct it and make things perfect before we feel comfortable to try again or make a change.

A 2019 study revealed that eight out of ten Brits admitted to missing golden opportunities in the past because of their fear of failure and change. The greatest barrier to personal and business success is the fear of failure. Book Dinaaz for a memorable keynote without any sugar coating. Are you and your team brave enough to take the first step?

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Safety Matters

WHO IS THIS KEYNOTE FOR?

- Do you and/or your staff make choices and decisions at work that can have a lifelong physical and/or mental impact on yourself, colleagues, families, customers, or even strangers?
- Does your company/industry have legislations, code of practices, and standards to follow on safety, yet accidents still happen?

If you said yes to any of the above, then this keynote is right for you and your team.

LEARNING OBJECTIVES:

- Learn the shocking truth behind the research of safety failures
- Provide the skills and confidence to stand up for safety in both the workplace and at home
- Recognize mistake-making and learn the steps to follow afterward
- Learn the importance of mental shifts in the workplace and at home when mistakes are made - and why it's important to not shame people for it
- Takeaway the action steps necessary to create lasting behavior changes for safety in both personal and professional settings.

*"Know safety, no injury.
No safety, know injury."*

UNKNOWN

ABOUT THIS KEYNOTE:

"There is no such thing in anyone's life as an unimportant day."

- ALEXANDER WOOLCOTT

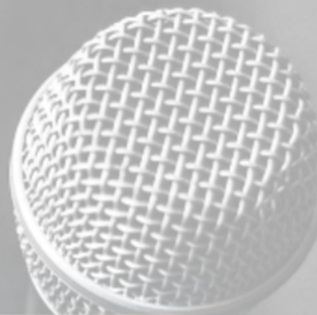
Dinaaz was an ordinary person living an ordinary life, but in the blink of an eye - when safety procedures were not followed, everything changed.

As a first-hand sufferer, safety is Dinaaz's passion as she imparts knowledge and wisdom on changing behavior and attitudes towards adopting the best practices.

This keynote will leave a lasting message to frontline staff, senior management, students, and/or anyone where safety matters!

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Logistics & Other Information

TRAVEL ARRANGEMENTS

Dinaaz is from Sydney, Australia, but is happy to travel to all corners of the world. Flights under four hours, she's happy to fly economy. Flights over four hours, she travels business.

AV REQUIREMENTS

Dinaaz prefers to use a headset or lapel microphone. If this is not possible, she'll happily accommodate with a handheld microphone. A fixed lectern style is not ideal as she continually moves around the stage to engage with the audience.

Dinaaz uses her own Apple Mac laptop and clicker for events. Please advise if this is not possible so that alternative plans can be in place prior to the event.

INTRODUCTION FOR MC

If there's a certainty in all our lives, it's CHALLENGES! We will all face professional and personal challenges at some stage in our lives. Today's keynote speaker is an entrepreneur and a survivor who has overcome numerous life challenges and turned them into opportunities, with true grit and determination.

Her personal story will leave you speechless with a lasting impression on us all. We will learn valuable life lessons on resilience, change, and safety that have empowered many businesses to adapt, improve performance and increase profitability.

With a burning desire to share her story and make a positive difference, her highly acclaimed memoir and story have inspired many from all walks of life and given a voice to the voiceless across five continents.

Ladies and gentlemen, get ready to learn the skills to empower us to overcome our own personal and professional challenges and to turn our hopes into success. Please welcome the author of Battle Scars, Dinaaz Lentin.

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